



Cystic Fibrosis

Cystic Fibrosis is a genetic disease that mainly impacts the lungs and digestive system. Those affected produce thick sticky mucus that can clog the lungs, stomach, intestines, liver, pancreas, and reproductive organs.

Check out these resources! Use your phone to scan the QR codes to open the links!

Books

These books have been recommended by Alberta Children's Hospital staff and community partners. Books can be borrowed from the FCRC Family Library or you can check with your local library to see if they are available.

<https://collections.follettsoftware.com/collection/5f2b296bedd01c0012aabc34>



FCRC Information Prescription

Check out all these resources and more on our website.

<http://fcrc.ahs.ca/rx/cystic-fibrosis>



MyHealth.Alberta

Created in partnership with the Government of Alberta and Alberta Health Services. Use the search bar to find information about Cystic Fibrosis.

<https://myhealth.alberta.ca/>



About Kids Health

This overview from the SickKids Hospital in Toronto, Ontario provides basic information about Cystic Fibrosis.

<https://www.aboutkidshealth.ca/Article?contentid=882&language=English>



Kids Health

Kidshealth has a lot of information on Cystic Fibrosis for kids, teens, and parents. Be sure to check out the More on This Topic box for tips, recipes, and more. Search for Cystic Fibrosis to be taken to relevant easy to understand articles.

<https://kidshealth.org/>



Cystic Fibrosis Canada

Cystic Fibrosis Canada aims to help those with Cystic Fibrosis. You can learn about cystic fibrosis, join the My CF Network, or connect with your local chapter.

<https://www.cysticfibrosis.ca/>



Need more information?

Contact the Family Librarian

 403-955-7745  ChildHealthInfo@ahs.ca  <http://fcrc.albertahealthservices.ca/>

Family & Community Resource Centre

2nd Floor, Alberta Children's Hospital - 28 Oki Drive NW, Calgary, AB, T3B 6A8

This material is designed for information purposes only. It should not be used in place of medical advice, instruction and/or treatment. If you have specific questions, please contact your doctor or appropriate health care professional.

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